

UPDATE UROLOGIA

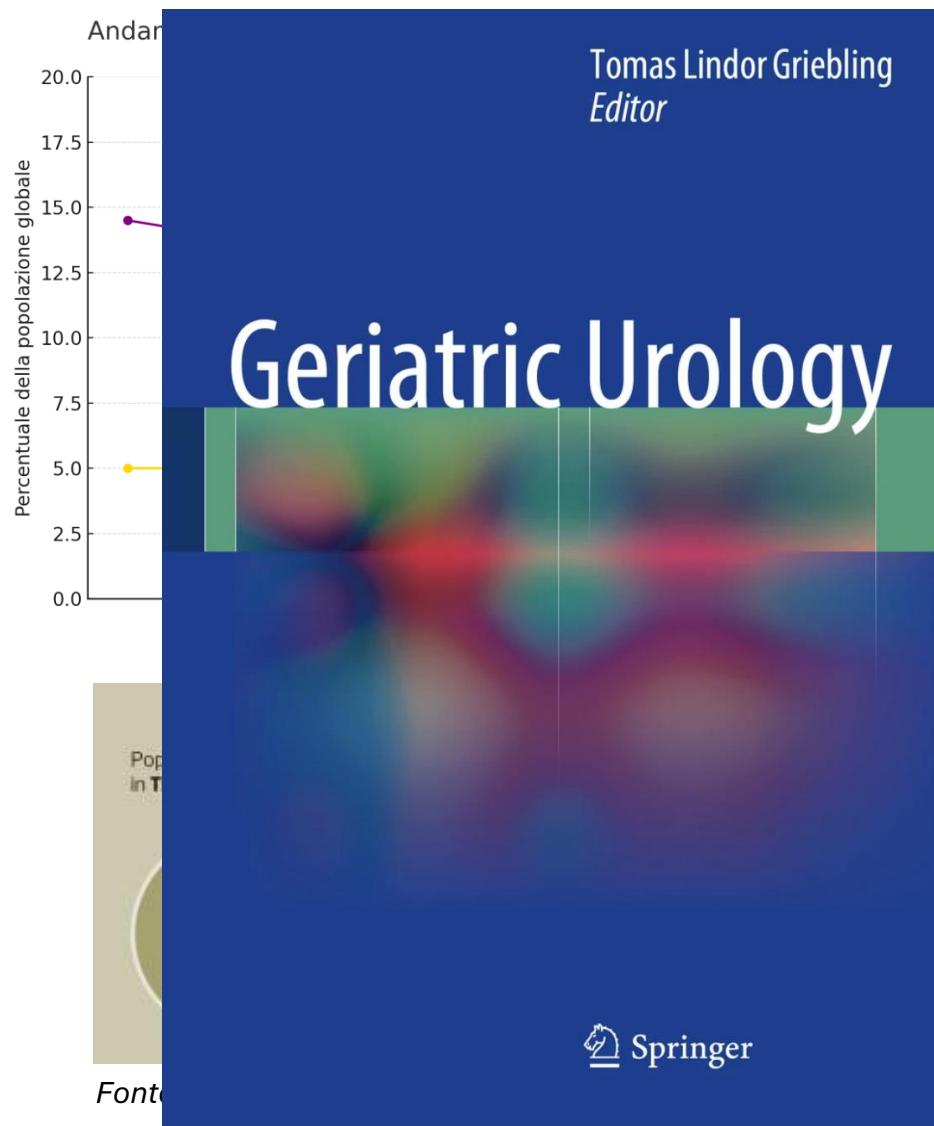


Dr. med. J. Robbiani

**Spec. Urologia FEBU
MAS Net-Megs**

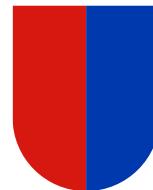


IL MONDO INVECCchia RAPIDAMENTE



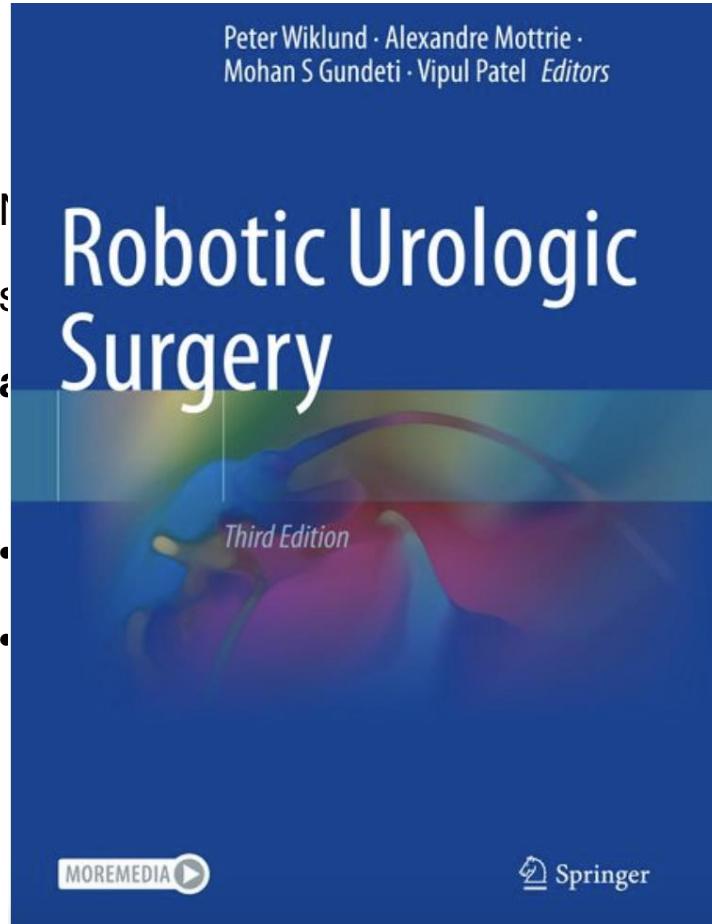
> 65 anni
2050 : 1/3 della popolazione

fragilità, multimorbidità, polifarmacia

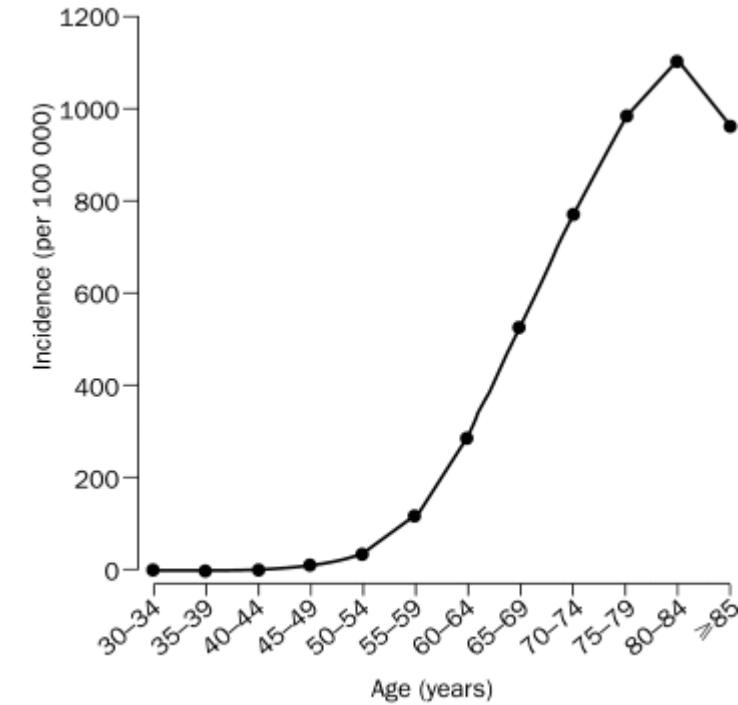


> 65 anni
oggi : 1/4 della popolazione

TUMORE ALLA PROSTATA ED ETÀ



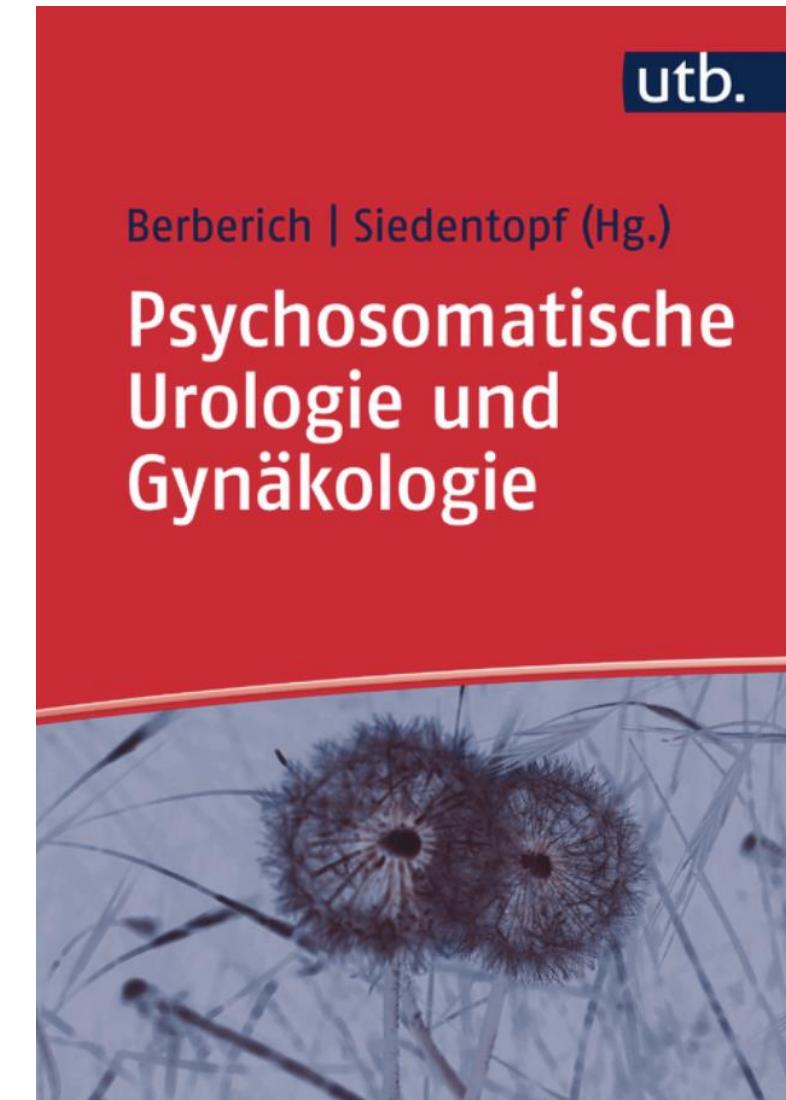
Prostate Cancer Epidemiology, *The Lancet* 2003



Incidenza specifica per età del cancro alla prostata in Svezia (1995–1999)

CRISI DELL'EQUILIBRIO PSICO-SOMATICO NELL'ERA MODERNA

Giovani >> Anziani





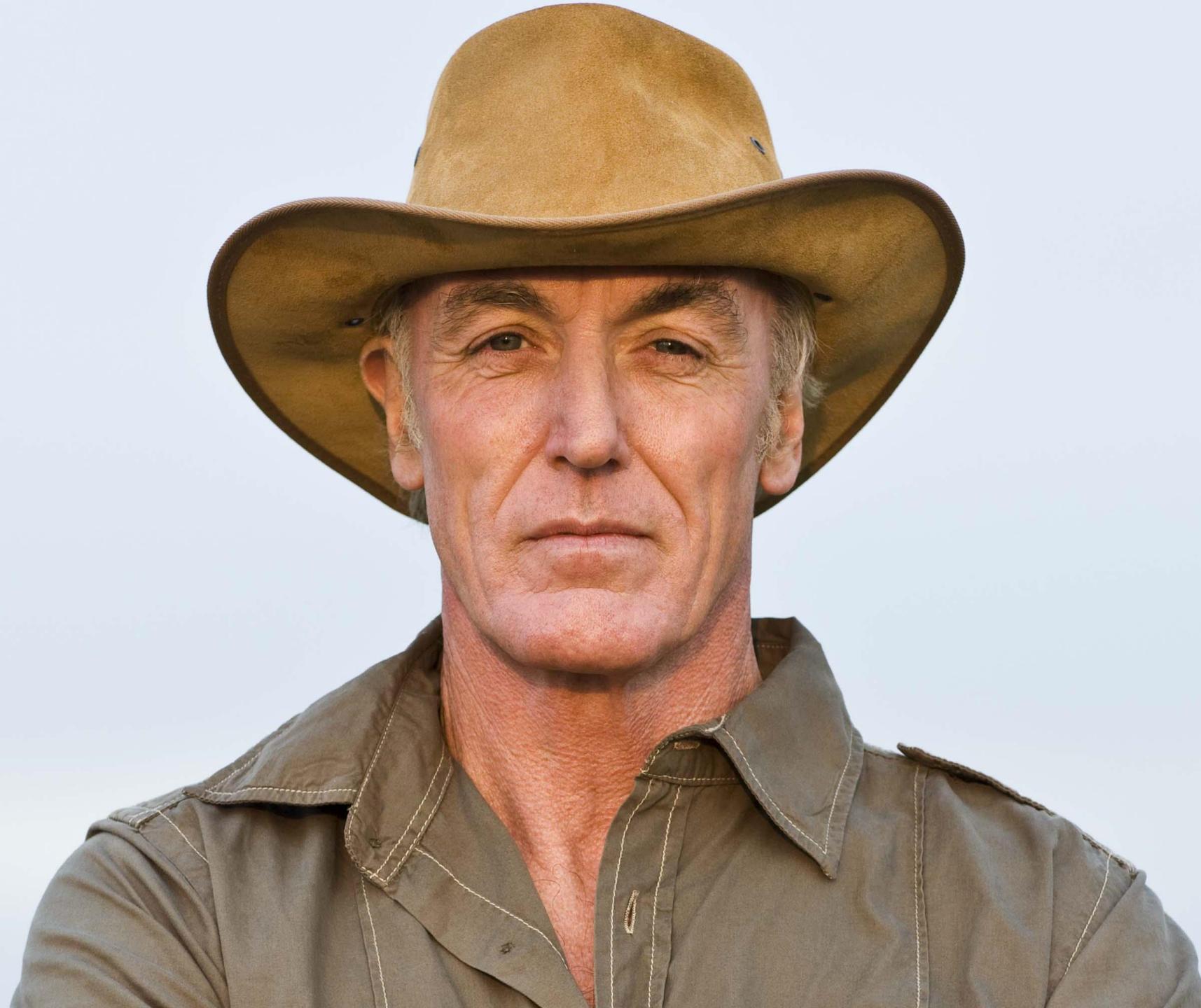
DIMENSIONE PSICO- SOCIALE

Ruolo maschile in trasformazione → **crisi identitaria**

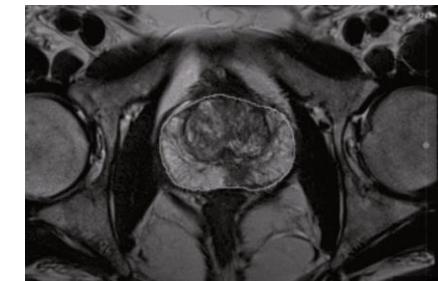
**UROLOGO
COME COACH**



tanta oncologia
tante risorse
prestigio



SCREENING PROSTATE CANCER (PCA)



European Urology
Volume 86, Issue 2, August 2024, Pages 148-163

Prostate Cancer – Editor's choice

EAU-EANM-ESTRO-ESUR-ISUP-SIOG Guidelines on Prostate Cancer—2024 Update. Part I: Screening, Diagnosis, and Local Treatment with Curative Intent

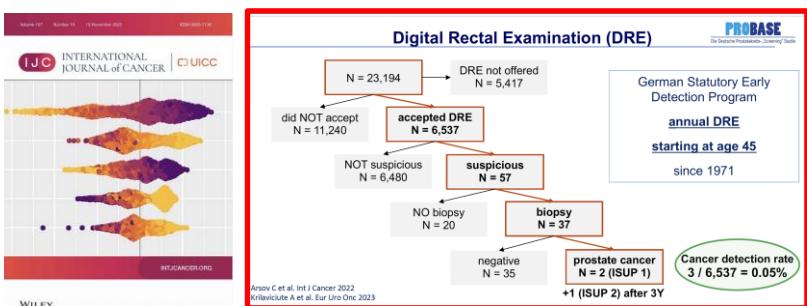
Philip Cornford ^a, Roderick C.N. van den Bergh ^b, Erik Briers ^c, Thomas Van den Broeck ^d, Oliver Brunkhorst ^e, Julie Darragh ^f, Daniel Eberli ^g, Gert De Meerleer ^h, Maria De Santis ^{i,j}, Andrea Farolfi ^k, Giorgio Gandaglia ^{l,m}, Silke Gillessen ^{n,o}, Nikolaos Grivas ^p, Ann M. Henry ^q, Michael Lardas ^r, Geert J.L.H. van Leenders ^s, Matthew Liew ^t, Estefania Linares Espinos ^t, Jan Oldenburg ^{u,v}, Inge M. van Oort ^w, Derya Tilki ^{j,k,l,l}

Show more ▾

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<https://doi.org/10.1016/j.euro.2024.03.027> [Get rights and content ▾](#)

PSA
PSADensity
mpMRI



DRE: PPV 5-30% se PSA < 4
Clinical T stage and risk group stratification depends on DRE

ARTICLE
Clinical Research

Risk calculators for the detection of prostate cancer: systematic review

Frederique B. Denijs ¹[✉], Meike J. van Harten², Jonas J. L. Meenderink¹, Renée C. A. Leenen¹, Sebastiaan L. Lonne D. F. Venderbos¹, Roderick C. N. van den Bergh¹, Katharina Beyer¹ and Monique J. Roobol ¹
© The Author(s), under exclusive licence to Springer Nature Limited 2024

www.prostatecancer-riskcalculator.com/?utm_source=chatgpt.com

SWOP Prostate Cancer Research Foundation, Reeuwijk

In partnership with the European Randomized Study of Screening for Prostate Cancer

NL | EN | EE | LT | PL | RU [Search](#)

News in Brief
No announcement available

Calculate your prostate cancer risk
A practical, private and simple way of assessing your personal risk of prostate cancer, devised by doctors.

Start

Available on the iPhone App Store Available on the Android App Store

CE

Calcolatore del rischio per PCA

The calculator interface shows the first step of the risk assessment process. It asks if the user has information on MRI. The user selects 'No'. Below this, it asks for PSA level (ng/mL) and previous negative prostate biopsy history. The user inputs 5 ng/mL and 'Yes' respectively. It also asks about previous digital rectal examination (DRE) results, with 'Normal' selected.

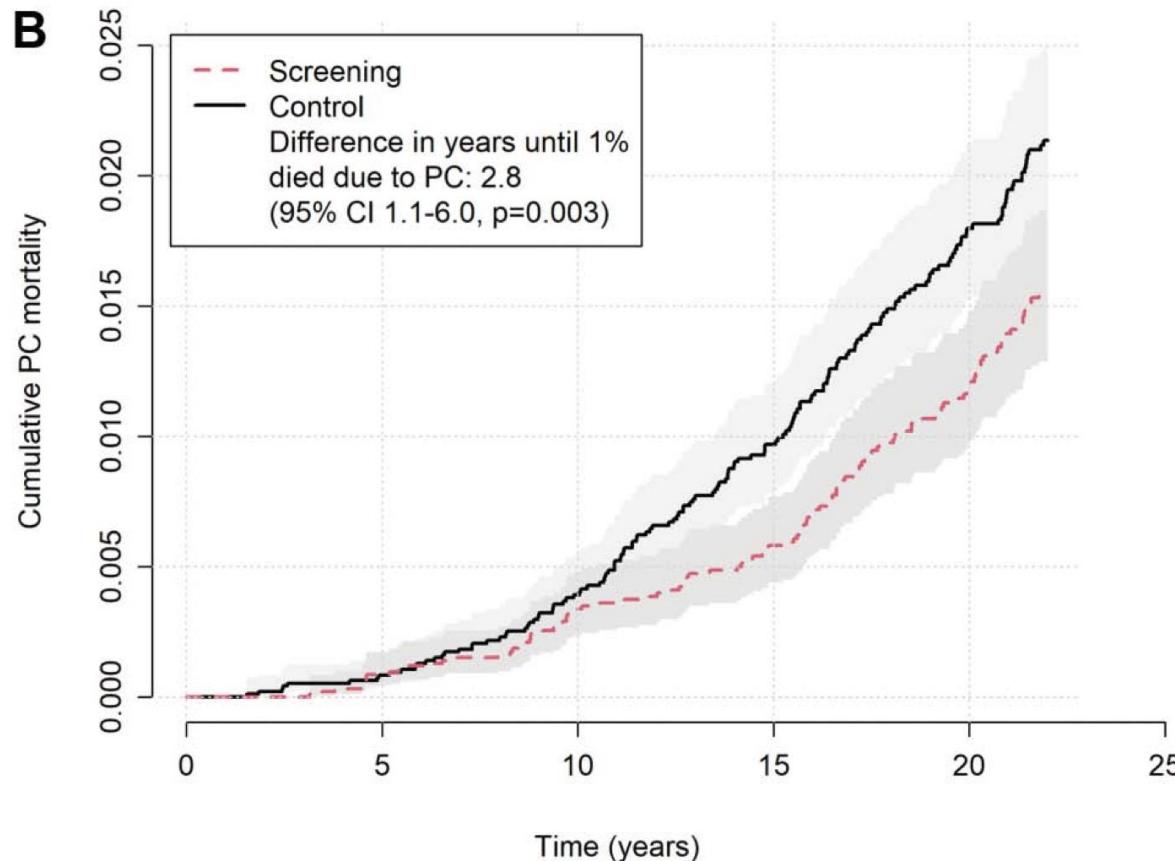
The calculator interface shows the second step of the risk assessment process. It asks for prostate volume (ml). The user inputs 65 ml. Below this, it asks for age in years. The user inputs 50 years. It also asks for PIRADS score, with a grid from 1 to 5 shown.

The calculator interface shows the third step of the risk assessment process. It asks for the method used for prostate volume measurement: MRI/TRUS or DRE. The user selects 'MRI/TRUS'. Below this, it displays the calculated results: Detectable Cancer Risk at 6% and Significant Cancer Risk at 3%.

The calculator interface shows the final results and a call to action. It features a smiling man's face and a circular risk meter. The results section shows 'Calculate your prostate cancer risk' and 'Start' button. It also mentions availability on iPhone and Android.

<https://www.prostatecancer-riskcalculator.com/>

Results from 22 years of Follow up in the Göteborg Randomized Population-Based Prostate Cancer Screening Trial



Swedish arm of ERSPC*
(ERSPC: n=182.000 men)

- **PCa mortality reduction (approx. 30%)**
- Effect size increases with follow up
- **NNI 221, NND 9**

*European Randomized Study of Screening for Prostate Cancer

Screening prostata in CH: 1 su 2

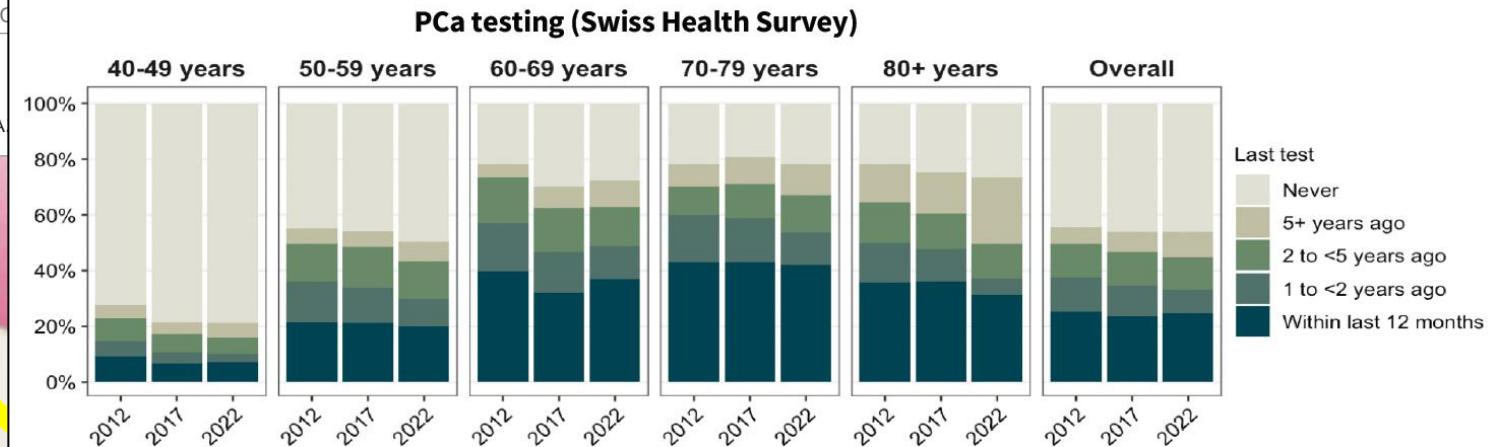
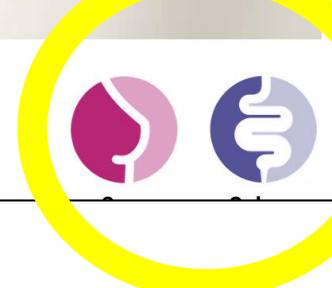
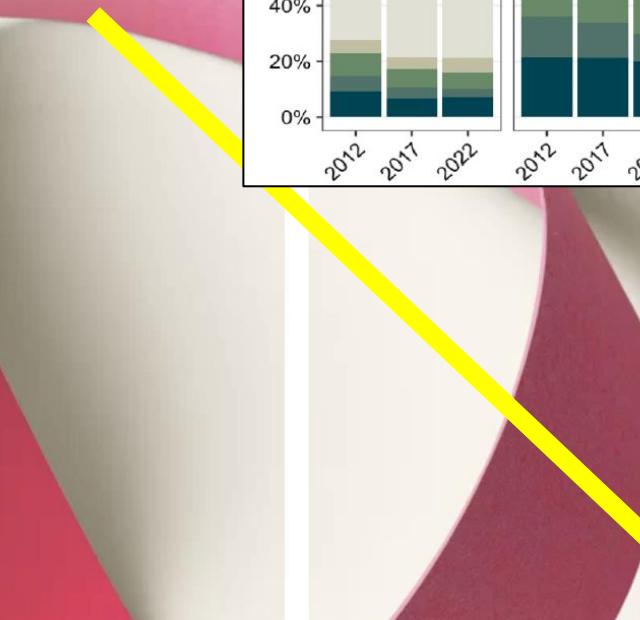
**swiss
cancer
screening**

HOME FEDERA

diagnosi precoce del cancro

Programmi di screening per il cancro al seno e al colon sono basati sull'evidenza. Il beneficio è dimostrato da studi clinici.

Opuscoli e volantini sullo screening:



30.06.2025

TARDOC-Einführung darf Früherkennungsprogramme nicht gefährden ►

Tutte le notizie ►

Federazione

Tutte le persone residenti in Svizzera devono avere accesso a programmi di diagnosi precoce del cancro a qualità controllata.

L'armonizzazione e la garanzia di qualità di tali programmi in Svizzera sono pertanto scopi essenziali perseguiti da Swiss Cancer Screening. Inoltre Swiss Cancer Screening promuove e sostiene la realizzazione (o organizzazione) di nuovi programmi e la cooperazione tra quelli esistenti.



L’Unione Europea raccomanda e finanzia progetti per l’attuazione dello screening di popolazione del carcinoma prostatico.



On the occasion of [#MensHealthMonth](#), discover how the [#EU4Health](#) project PRAISE-U is working to ensure that EU countries can achieve timely prostate cancer detection by designing a screening algorithm across EU health systems.

[health.ec.europa.eu/non-communicab...](http://health.ec.europa.eu/non-communicable-diseases/eu4health-project-praise-u)

Post übersetzen



In Svizzera, finora, non è stata formulata alcuna raccomandazione né previsto alcun finanziamento.

EMPFEHLUNGEN

PSA-Bestimmung – Empfehlungen der Schweizerischen Gesellschaft für Urologie (SGU)
Stand 6. Januar 2012

Thomas Gasser^{a*}, Christophe Iselin^b, Patrice Jichlinski^b, Beat Kreienbühl^b, Vincent Merz^c, Franz Recker^c, Hans-Peter Schmid^d, Flavio Stoffel^d, Räto Strelbel^d, Tullio Sulser^e, George Thalmann^f

Quintessenz

- In jüngerer Zeit haben verschiedene Publikationen betreffend die Verwendung des PSA (Prostata-spezifisches Antigen) zu einer Verunsicherung geführt.
- Der vorliegende Guide berücksichtigt die verschiedenen Konstellationen «Vorsorge», «Therapieüberwachung» und «Nachsorge».
- Die Schweizerische Gesellschaft für Urologie (SGU/SSU) empfiehlt weiterhin eine besonnene Anwendung des PSA-Tests.

hensive Cancer Network (NCCN) – vor, das PSA für die Früherkennung von Prostatakrebs zu verwenden. Die amerikanische Urologen-gesellschaft (AUA) empfiehlt gar eine Bestimmung bereits ab dem 40. Lebensjahr. Obwohl die neuen Empfehlungen lediglich die Screening-situation betreffen, sind viele Betroffene generell unsicher, ob und in welcher Situation sie das PSA überhaupt noch bestimmen lassen sollen. Die Schweizerische Gesellschaft für Urologie (SGU) will dazu beitragen, die teilweise emotional geführte Disku-sion zu versachlichen. Sie erachtet es als ihre Aufgabe, Patienten und Ärzten in dieser Phase der Kontroverse eine Art «Kompass» für die Anwendung des PSA

In Svizzera, dal 2012: “decisione condivisa”

RM prostata e biopsie

Meta-Analysis > Eur Urol. 2020 Sep;78(3):402-414. doi: 10.1016/j.eururo.2020.03.048

Epub 2020 May 20.



Negative Predictive Value of Multiparametric Magnetic Resonance Imaging in the Detection of Clinically Significant Prostate Cancer in the Prostate Imaging Reporting and Data System Era: A Systematic Review and Meta-analysis

Niranjan J Sathianathan ¹, Altan Omer ², Eli Harriss ³, Lucy Davies ², Veeru Kasivisvanathan ⁴, Shonit Punwani ⁴, Caroline M Moore ⁴, Christof Kastner ⁵, Tristan Barrett ⁵, Roderick Cn Van Den Bergh ⁶, Ben A Eddy ⁷, Fergus Gleeson ², Ruth Macpherson ², Richard J Bryant ², James W F Catto ⁸, Declan G Murphy ⁹, Freddie C Hamdy ², Hashim U Ahmed ¹⁰, Alastair D Lamb ²

Affiliations + expand

PMID: 32444265 DOI: 10.1016/j.eururo.2020.03.048

- **NPV 0.88**
- **1 su 10**
- **se clinica (cinetica PSA, PSAD) considerare biopsia contro RM**

CAVE qualità refertazione

Biopsie prostata: transrettale (TR) vs transperineale (TP)

Randomized Controlled Trial > Eur Urol. 2024 Jul;86(1):61-68.

doi: 10.1016/j.eururo.2023.12.015. Epub 2024 Jan 11.

Transperineal Versus Transrectal Magnetic Resonance Imaging-targeted and Systematic Prostate Biopsy to Prevent Infectious Complications: The PREVENT Randomized Trial

Jim C Hu ¹, Melissa Assel ², Mohamad E Allaf ³, Behfar Ehdaie ⁴, Andrew J Vickers ², Andrew J Cohen ³, Benjamin T Ristau ⁵, David A Green ⁶, Misop Han ³, Michael E Rezaee ³, Christian P Pavlovich ³, Jeffrey S Montgomery ⁷, Keith J Kowalczyk ⁸, Ashley E Ross ⁹, Shilajit D Kundu ⁹, Hiten D Patel ⁹, Gerald J Wang ⁶, John N Graham ¹⁰, Jonathan E Shoag ¹¹, Ahmed Ghazi ³, Nirmish Singla ³, Michael A Gorin ¹², Anthony J Schaeffer ⁹, Edward M Schaeffer ⁹

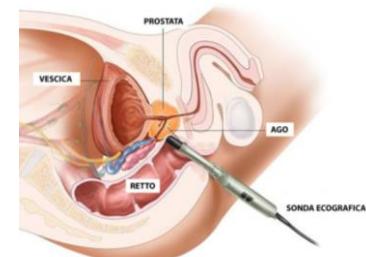
Affiliations + expand

PMID: 38212178 PMCID: PMC11976521 DOI: 10.1016/j.eururo.2023.12.015



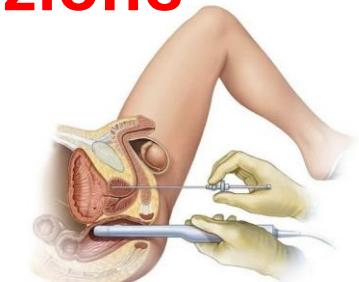
TR

- ✓ 1,4 % rischio infezione
- ✓ più veloce



TP

- ✓ ca. 0% rischio infezione
- ✓ più dolorosa
- ✓ No antibiotico



Simile detezione

Carcinoma prostatico: Familiarità vs Ereditarietà (EAU 2025)



Definizioni

Familiare: ≥ 2 parenti di 1° grado con PCa a qualsiasi età;
oppure 1 di 1° grado + ≥ 2 di 2° grado.

Ereditario: ≥ 3 casi nella stessa famiglia; oppure casi in 3 generazioni successive;
oppure ≥ 2 casi <55 anni.

Cosa fare

- Screening anticipato: avvia PSA a 40–45 anni.
- Invio a genetica: se criteri di ereditarietà o tumori BRCA/Lynch in famiglia.
BRCA°-related (mammella/ovaio/pancreas)

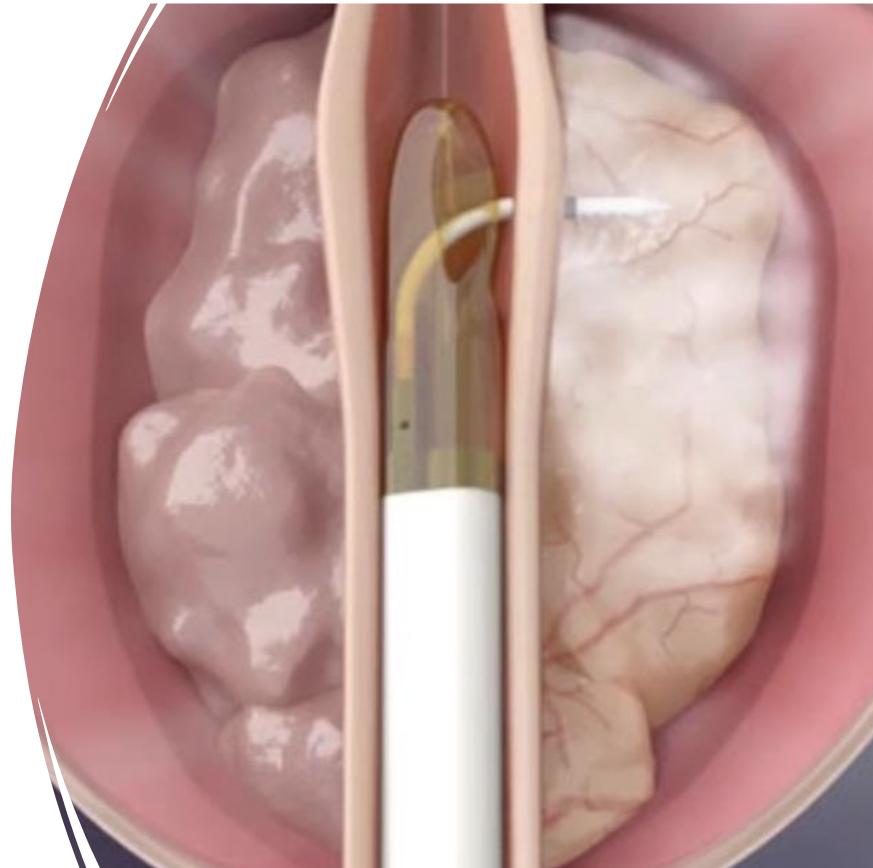
BRCA1 e BRCA2 sono geni oncosoppressori che codificano proteine chiave per la riparazione del DNA



Volume 211
Issue 1
January 2024
Page: 11-19

Trattamento mini-invasivo dell'iperplasia prostatica sintomatica con vapore acqueo- REZüM®

- 10 min
- sedazione
- ev. day hospital
- Catetere vescicale 3-7 d postop





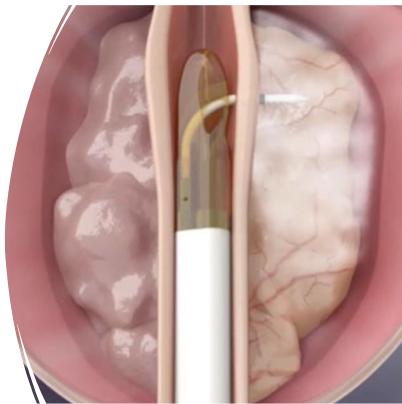
Randomized Controlled Trial > J Urol. 2021 Sep;206(3):715-724.
doi: 10.1097/JU.0000000000001778. Epub 2021 Apr 19.

Final 5-Year Outcomes of the Multicenter Randomized Sham-Controlled Trial of a Water Vapor Thermal Therapy for Treatment of Moderate to Severe Lower Urinary Tract Symptoms Secondary to Benign Prostatic Hyperplasia

Kevin T McVary ¹, Marc C Gittelman ², Kenneth A Goldberg ³, Kalpesh Patel ⁴, Neal D Shore ⁵,
Richard M Levin ⁶, Marc Pliskin ⁷, J Randolph Beahrs ⁸, David Prall ⁸, Jed Kaminetsky ⁹,
Barrett E Cowan ¹⁰, Christopher H Cantrill ¹¹, Lance A Mynderse ¹², James C Ulchaker ¹³,
Nicholas N Tadros ¹⁴, Steven N Gange ¹⁵, Claus G Roehrborn ¹⁶

of THE JOURNAL of UROLOGY®

Official Journal of the American Urological Association



COMPLICAZIONI

UTI ~4–5%

Macroematuria ~12%

Ematospermia ~7%

Frequenza/urgenza minzionale ~6%

Disuria ~16,9%

Ritenzione urinaria acuta ~4–6%

- ✓ IPSS +48%, QoL +45%, Qmax +44%;
- ✓ **nessuna disfunzione sessuale postop**
- ✓ **Eiaculazione anterograda (92%)**
- ✓ possibile trattare anche **lobo mediano**

Indicazione – tendenza:
paziente giovane o
molto anziano fragile, anticoagulato

REZüM® - cost-effectiveness

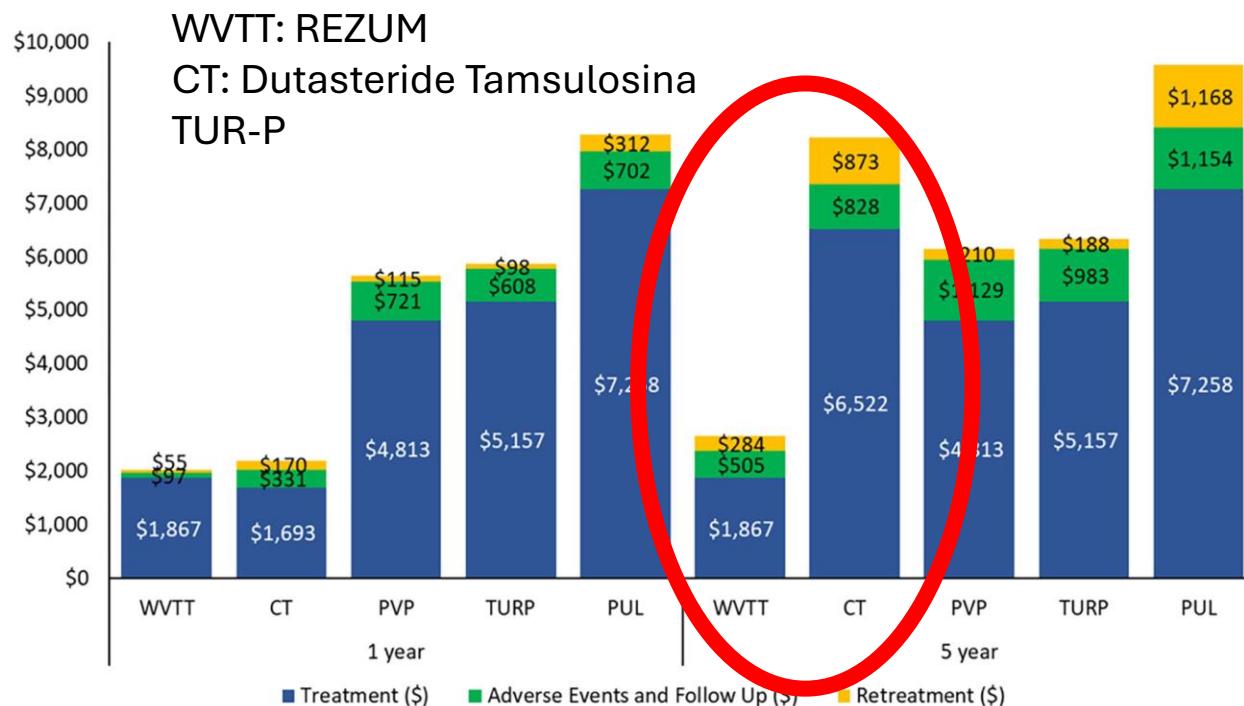
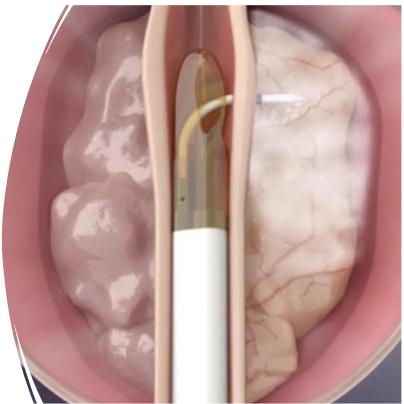


Fig 2. Medicare per patient costs at year 1 and year 5 for the five treatment options for men with moderate-to-severe lower urinary tract symptoms due to benign prostatic hyperplasia ranging from the least to the most expensive at year 1. Abbreviations: CT, combination therapy; PUL, prostatic urethral lift; PVP, photoselective vaporization of the prostate; TURP, transurethral resection of the prostate; WVTT, water vapor thermal therapy.

<https://doi.org/10.1371/journal.pone.0266824.g002>

RESEARCH ARTICLE

A comprehensive analysis of clinical, quality of life, and cost-effectiveness outcomes of key treatment options for benign prostatic hyperplasia

Bilal Chughtai¹*, Sirikan Rojanasarot^{1,2}*, Kurt Neeser³‡, Dmitry Gulyaev³‡, Shuai Fu³‡, Samir K. Bhattacharyya², Ahmad M. El-Arabi⁴, Ben J. Cutone², Kevin T. McVary⁴‡

1 Department of Urology, Weill Cornell Medicine, New York, New York, United States of America, 2 Boston Scientific, Marlborough, MA, United States of America, 3 Certara Evidence & Access, Lörrach, BW, Germany, 4 Center for Male Health, Stritch School of Medicine, Loyola University Medical Center, Maywood, IL, United States of America

* These authors contributed equally to this work.

‡ KN, DG and SF also contributed equally to this work.

* sirikan.rojanasarot@bsci.com



eau

Review – Incontinence

Mirabegron Versus Placebo and Other Therapeutic Modalities in the Treatment of Patients with Overactive Bladder Syndrome—A Systematic Review

Anirban Dey^a, Georgios Georgiadis^b, Justin Umezurike^a, Yuhong Yuan^c, Fawzy Farag^d, James N'Dow^e, Muhammad Imran Omar^{a,6,7,*}, Charalampos Mamoulakis^{b,f}

^aAcademic Urology Unit, University of Aberdeen, Aberdeen, UK; ^bDepartment of Urology, University General Hospital of Heraklion, University of Crete, Medical School, Heraklion, Crete, Greece; ^cDepartment of Medicine, London Health Science Centre, London, Ontario, Canada; ^dDepartment of Urology, Sohag University Hospital, Sohag, Egypt; ^eGuidelines Office, European Association of Urology, Arnhem, The Netherlands

Article info

Article history:
Accepted September 17, 2024

Abstract

Background and objective: The prevalence of overactive bladder (OAB) increases with age. Mirabegron and other drugs are used for the management of patients with OAB.

Mirabegron (BETMIGA®)

- **Combinazione mirabegron + anticolinergico**

CAVE anticolinergico con rischio cognitivo nell'anziano

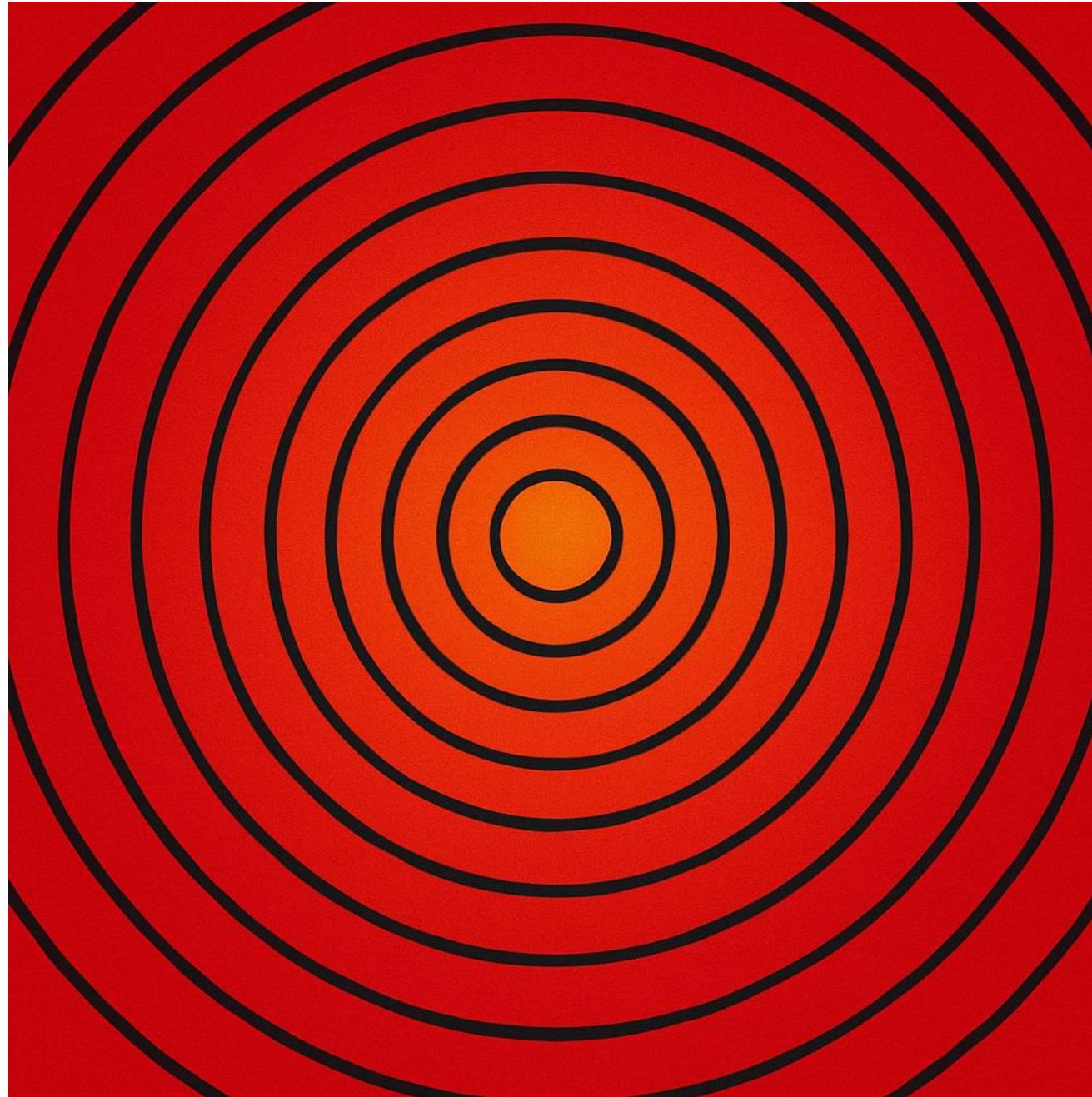
OK Trospium (Spasmourgenin)

- **Combinazione alfa-bloccante + mirabegron**

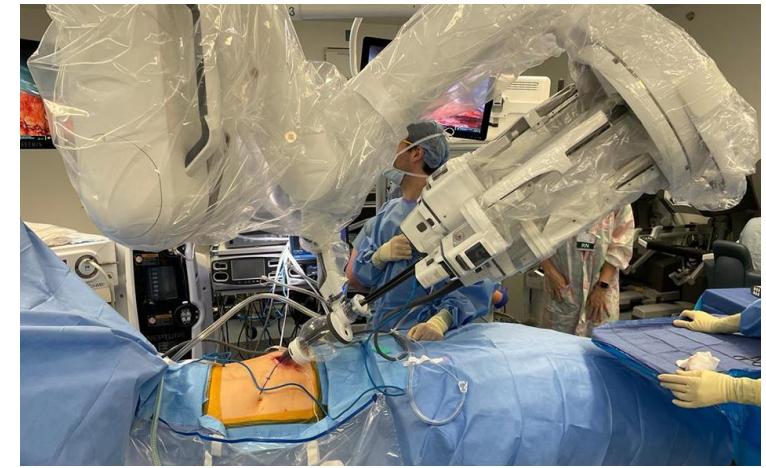
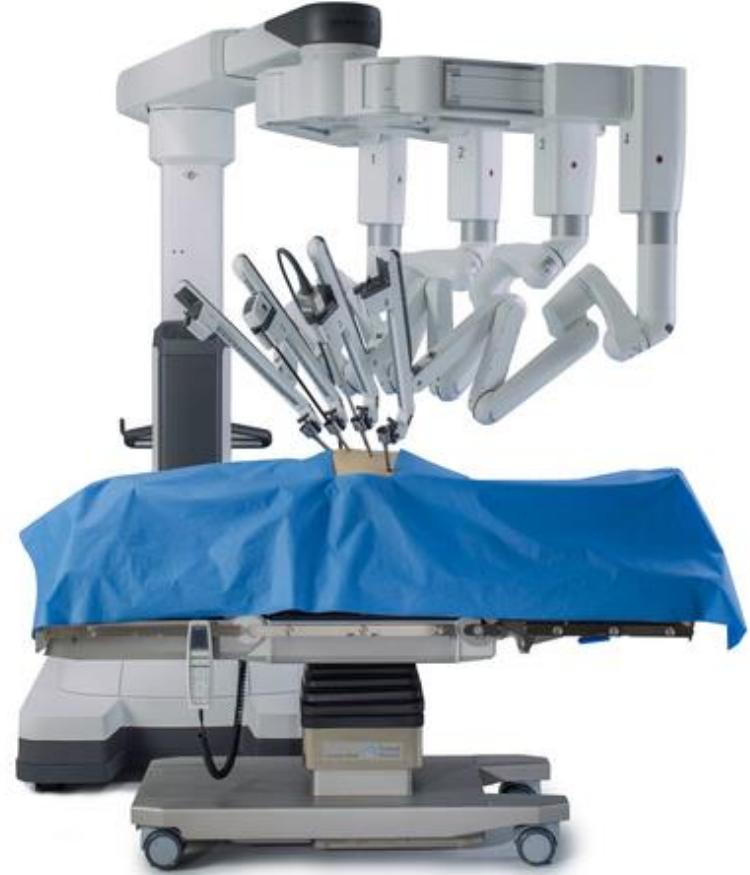
Se sintomi ostruttivi concomitanti (LUTS misti)

(Lower Urinary Tract Symptoms = LUTS)



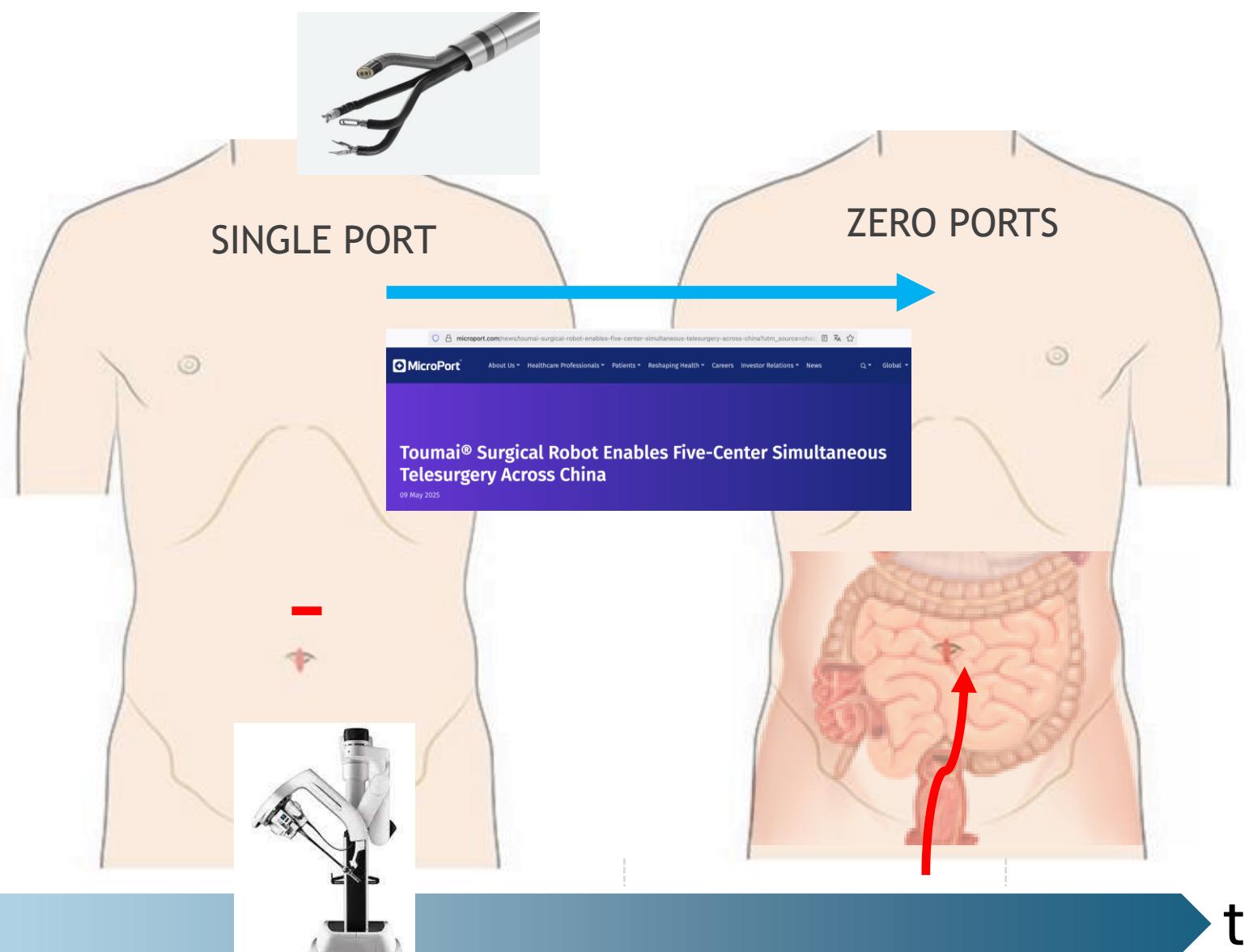
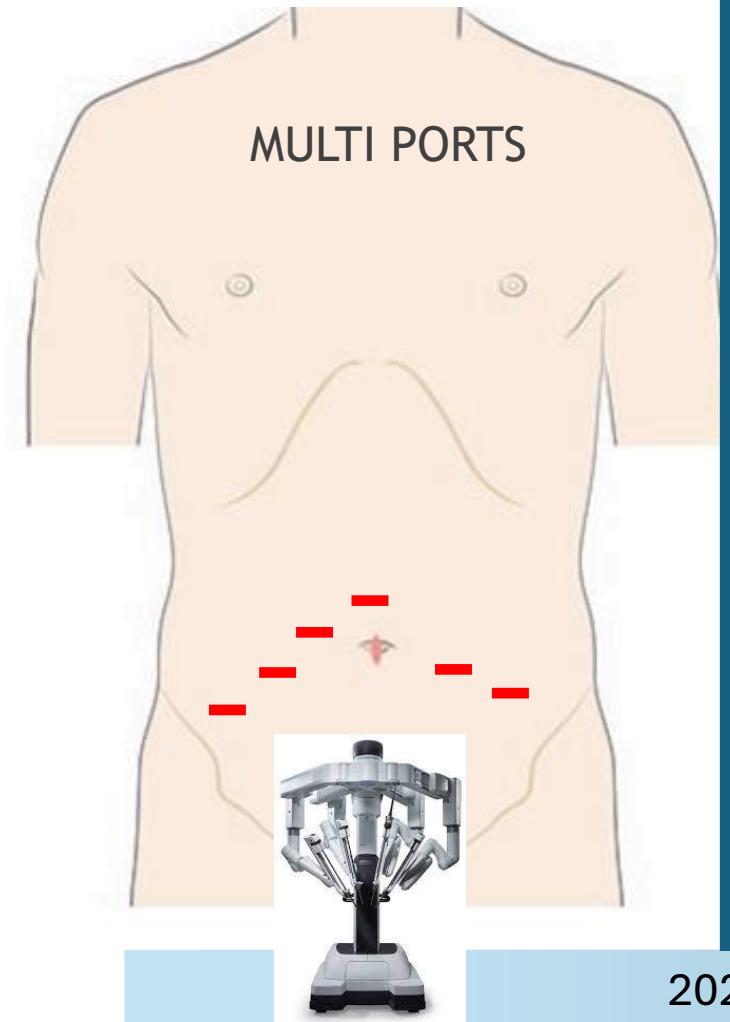


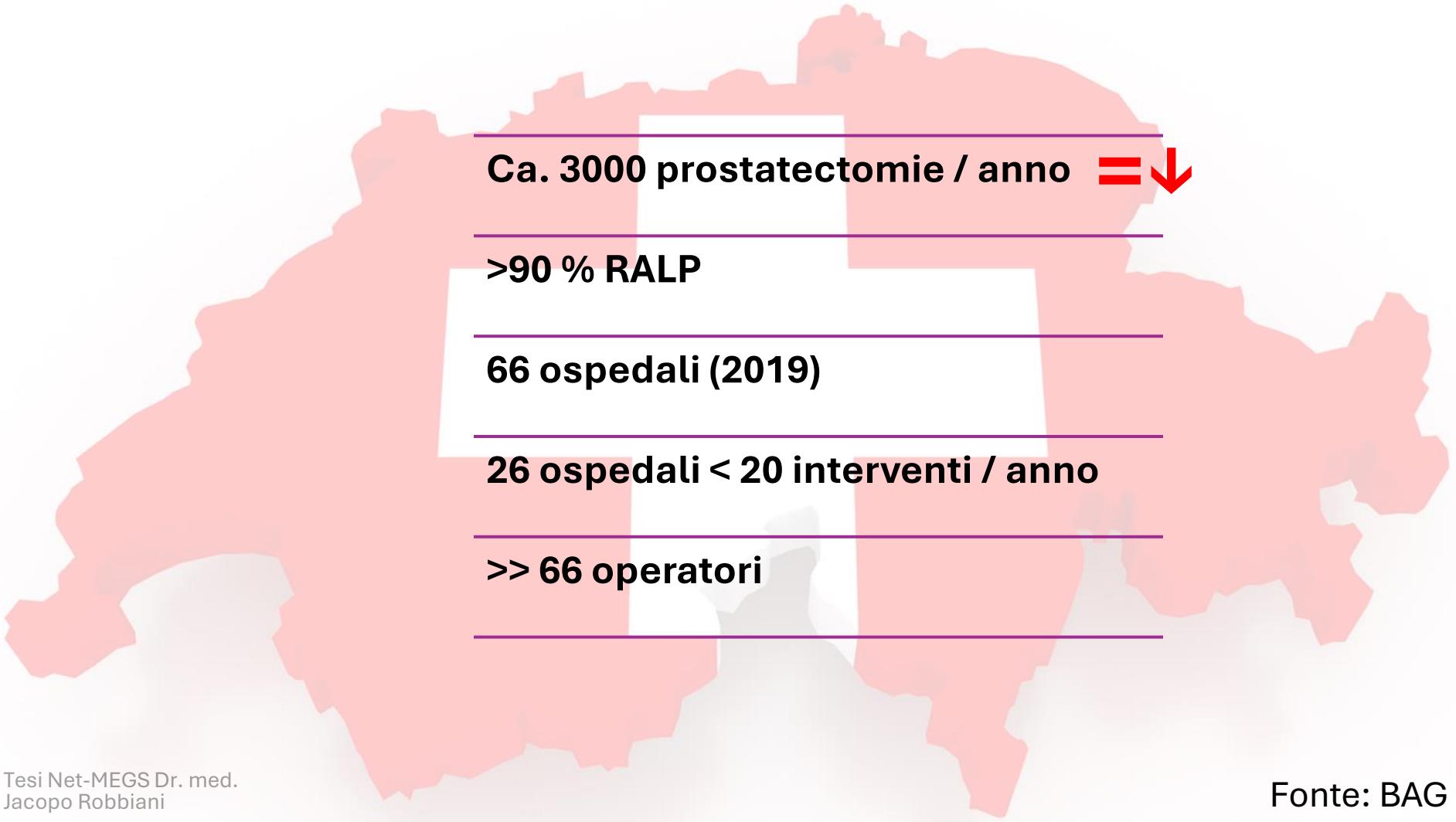
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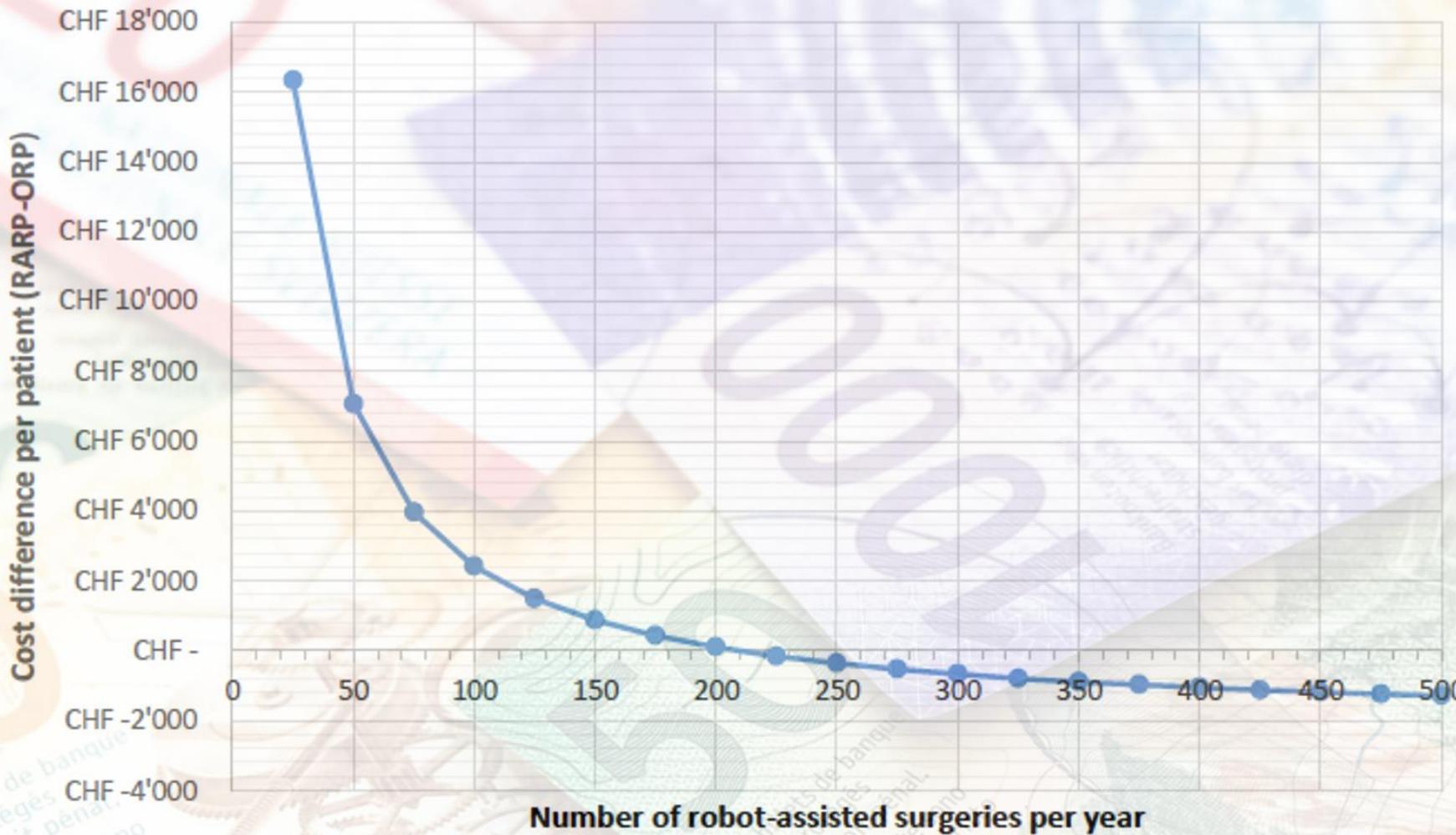
Single Port

(© Intuitive Surgical, Inc.)





Cost difference per patient (RARP-ORP)

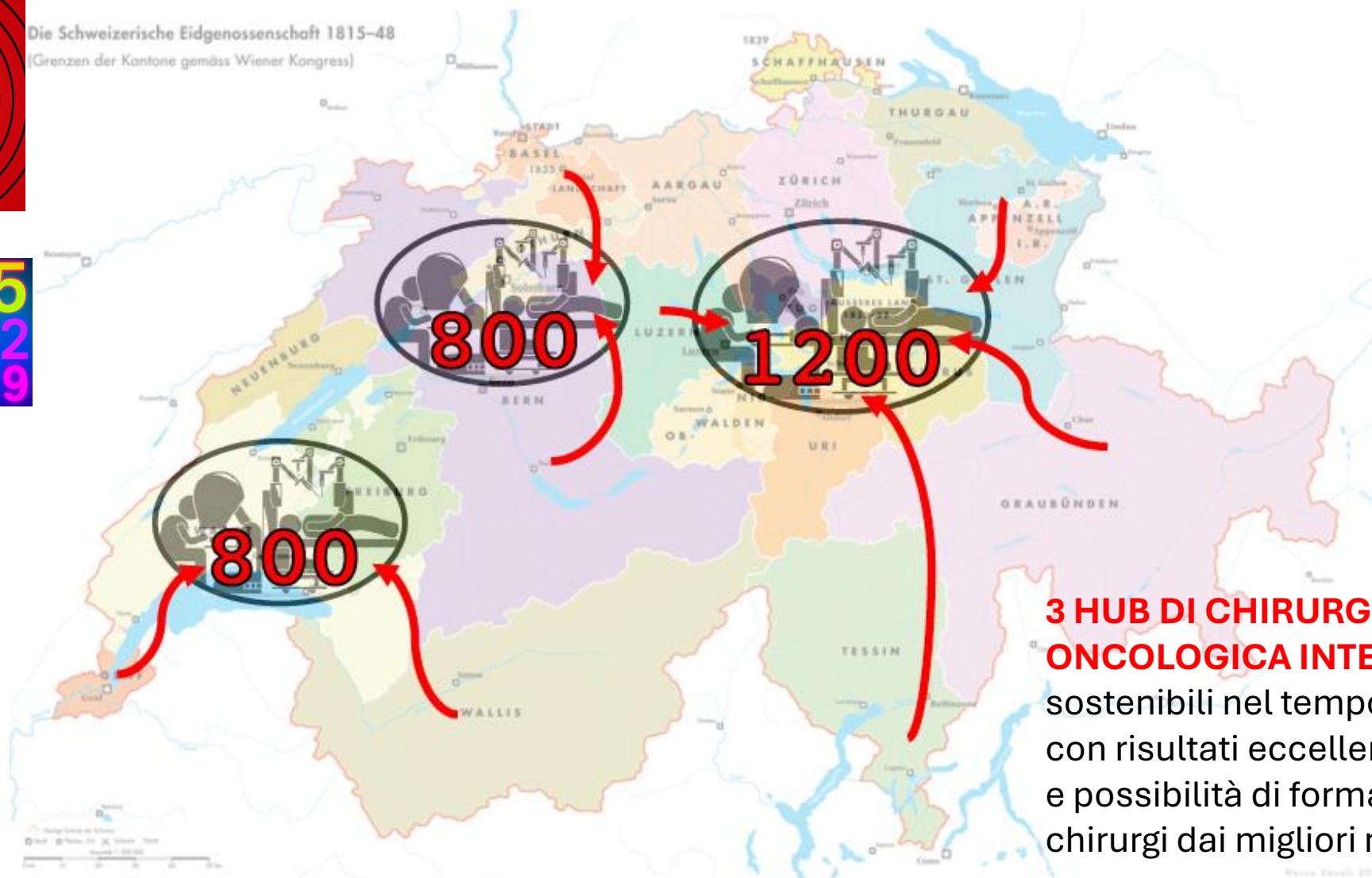


Swiss Medical Board , 2018



Die Schweizerische Eidgenossenschaft 1815-48
(Grenzen der Kantone gemäss Wiener Kongress)

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845842
101 009



in 3-7 anni

3 HUB DI CHIRURGIA ROBOTICA ONCOLOGICA INTERDISCIPLINARE:

sostenibili nel tempo,
con risultati eccellenti
e possibilità di formare i migliori
chirurgi dai migliori maestri

Walter Tscholl, 2014

(es. nro prostatectomie/anno)

Tesi

**Master of Advanced Studies in economia e gestione sanitaria e sociosanitaria
(Net-MEGS)**

Università della Svizzera Italiana

DALLA COLLABORAZIONE INTERCANTONALE

AI CENTRI D'ECCELLENZA NAZIONALI:

**LA VIA SOSTENIBILE A MEDIO-LUNGO TERMINE PER LA
CHIRURGIA ROBOTICA IN UROLOGIA ONCOLOGICA IN SVIZZERA**



SELEZIONE?



KU LEUVEN



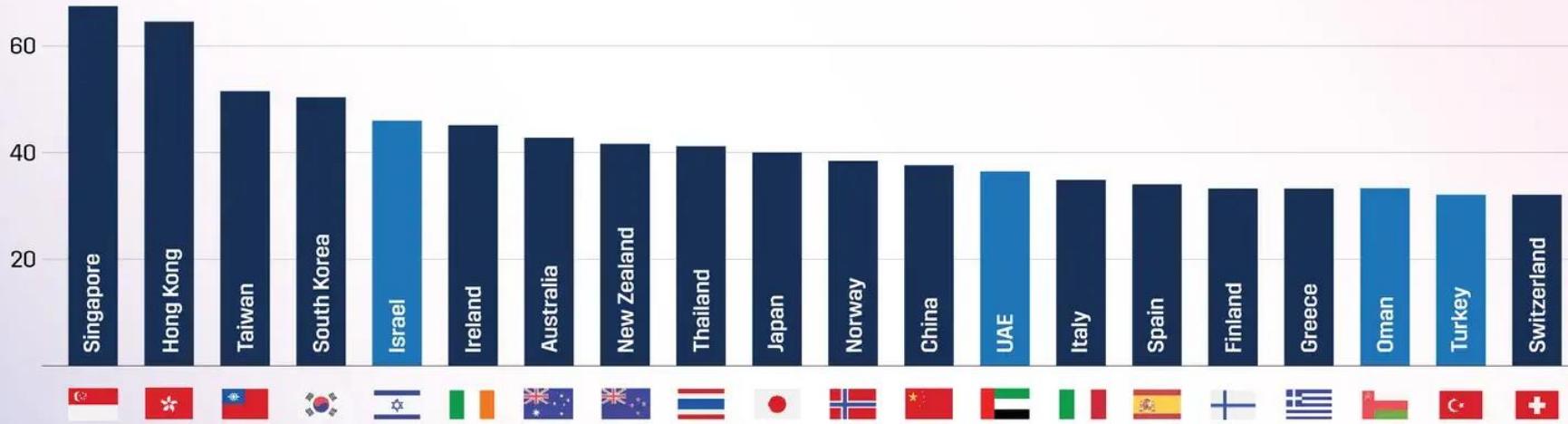
UNIVERSITEIT
GENT



UniSR
UNIVERSITÀ
VITA-SALUTE
SAN RAFFAELE

UNIMORE
UNIVERSITÀ DELL'ABRUZZO
UNIVERSITÀ DELL'INNOCENZA
UNIVERSITÀ DELL'INNOCENZA
UNIVERSITÀ DELL'INNOCENZA
UNIVERSITÀ DELL'INNOCENZA

ECONOMIES WITH THE MOST EFFICIENT HEALTHCARE SECTOR (BLOOMBERG HEALTH-EFFICIENCY INDEX, 2020)



SCREENING PCA: linee guida EAU 2025

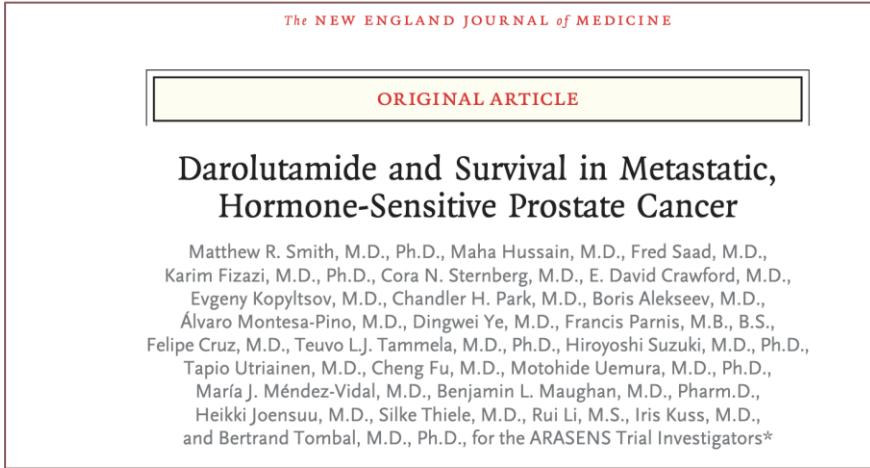
bpMRI: a fast and cheaper version of mpMRI, more suitable for large screening cohorts. Sufficient evidence for its potential and validated in a swiss population (Wetterauer et al, Eur Urol Focus 2024)

Stockholm3: the only biomarker with published scientific evidence for its efficiency in a screening setting (AUC 0,76 vs 0,6 for PSA) and available in CH.

Nordstrom et al, Lancet Oncol. 2021

Proclarix: developed in CH, available and has shown promising results in selected patient populations (Sensitivity 97% + Specificity 33% vs Sensitivity 97%, Specificity 8% for Proclarix Density vs PSA density). *Steuber et al, Eur Urol Oncol 2022*

Carcinoma prostatico metastatico ormonosensibile (mHSPC)



Published February 17, 2022 | N Engl J Med 2022;386:1132-1142 | DOI: 10.1056/NEJMoa2119115
VOL. 386 NO. 12 | Copyright © 2022

Intensificazione upfront:

ADT + ARPI (abiraterone, apalutamide, enzalutamide, darolutamide): nuova raccomandazione 2025), ± docetaxel

ARPI Androgen Receptor Pathway Inhibitors

ADT: Androgen Deprivation Therapy – (LHRH analogo o antagonista, es. Lucrin®)

TUMORBOARD

ARPI potenziano l'ADT e migliorano la sopravvivenza globale e il controllo di malattia nella mHSPC.

fino 50x costo rispetto a solo ADT

Aumento dell'intensità del monitoraggio internistico assieme all'oncologo

Paziente fit : proporre ARPI + ADT; valutare triplet se alto volume/biologia aggressiva e candidabile a docetaxel

Fragile / comorbidità: doublet (ARPI + ADT) senza chemioterapia

Stadiazione PCA : PET PSMA

REVIEW – PROSTATE CANCER – EDITOR'S CHOICE · Volume 87, Issue 6, P654-671, June 2025

 Download Full Issue

A Comprehensive Systematic Review and Meta-analysis of the Role of Prostate-specific Membrane Antigen Positron Emission Tomography for Prostate Cancer Diagnosis and Primary Staging before Definitive Treatment

Elio Mazzone  ^{a,b} . Donato Cannella ^b . Leonardo Quarta ^b · Declan G. Murphy ^{a,c} · Alberto Briganti ^{b,e} .

Marlon L. Perera ^{a,i} ... Show more



Table 3: EAU risk groups for biochemical recurrence of localised and locally-advanced prostate cancer based on systematic biopsy

Definition				
Low-risk	Intermediate-risk		High-risk	
	Favourable	Unfavourable		
ISUP grade 1 and PSA < 10 ng/mL and cT1-2a*	ISUP grade 2 and PSA < 10 ng/mL and cT1-2b* Or ISUP grade 1 and PSA 10 – 20 ng/mL and cT1-2b* Or ISUP grade 1 and PSA < 10 ng/mL and cT2b*	ISUP grade 2 and PSA 10 – 20 ng/mL and cT1-2b* Or ISUP grade 3 and cT1-2b*	ISUP grade 4/5 Or PSA > 20 ng/mL Or cT2c*	cT3-4* and/or cN+** any ISUP grade* any PSA
Localised				Locally advanced

ISUP = International Society of Urological Pathology;

PSA = prostate-specific antigen.

* Based on digital rectal examination.

** Based on CT/bone scan.

Da rischio intermedio (sfavorevole)

o

Se recidiva biochimica da PSA 0.2 µg/l (o PSA con evidente dinamica) per ricerca N/M

Microematuria

Updates to Microhematuria: AUA/SUFU Guideline (2025)

 Check for updates

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[View All Author Information](#)

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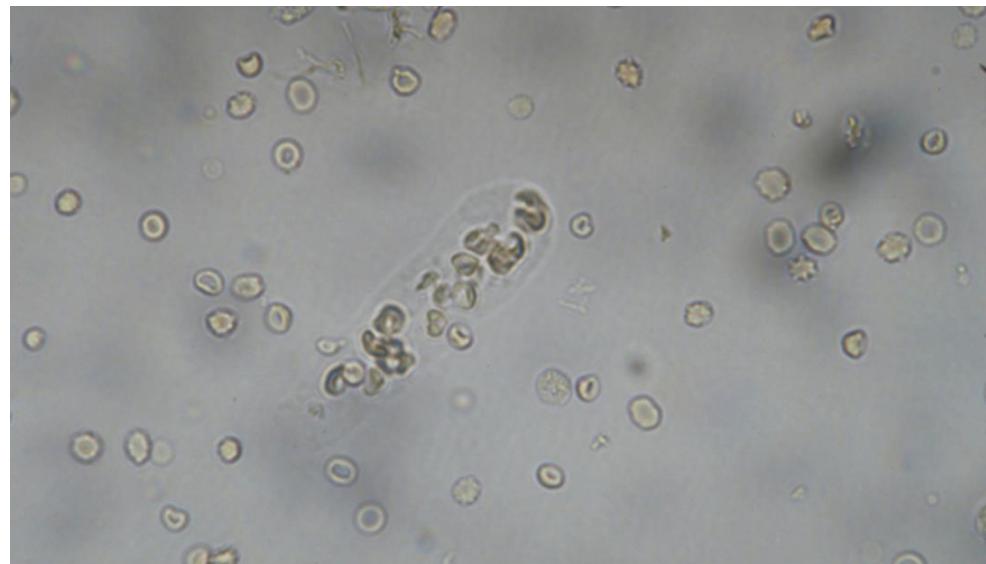


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Supplementary Materials

Stratificazione del rischio per definire diagnostica e follow up

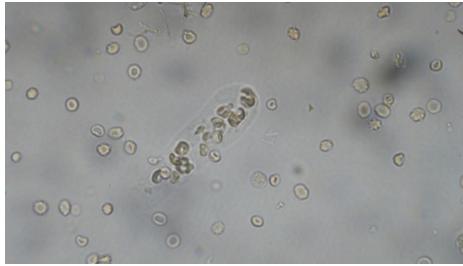


Sedimento urinario microscopico
NO STICK

≥ 3 Ec/ campo



American
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Association



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Association

Basso/trascurabile (tutti criteri favorevoli):

donne <60 aa o uomini <40 aa,

mai fumatori o <10 py,

3–10 EC/campo, nessun altro fattore.

Azione: **NO cistoscopia/imaging** iniziali → **ripeti sedimento urinario (6 mesi)** se si riconferma microematuria si passa a valutazione per rischio **intermedio**

Intermedio (≥ 1 criterio intermedio):

donne ≥ 60 aa o uomini 40–59 aa,

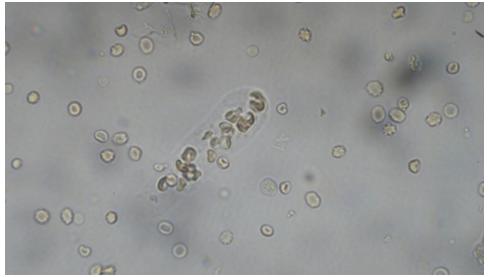
10–30 py

11–25 Ec/campo

Azione: **cistoscopia + ecografia reno-vescicale.**

Novità: si può proporre **biomarcatore urinario validato** al posto della **cistoscopia iniziale**, con **decisione condivisa e follow-up stretto.**

Xpert® Bladder Cancer Monitor
Bladder EpiCheck®
Cxbladder®
AssureMDx



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Alto (≥ 1 criterio alto):

uomini ≥ 60 aa,

>30 py

>25 Ec/campo

macro-ematuria e/o esposizione professionale solventi (benzinaio, pittore, verniciatore...)

Azione: cistoscopia + TC urografica (o uroMR)